Welcome. Thank you for choosing us and filling out the Client Information document.

If you wish to complete this document digitally please download and save it to your computer.

# To return this document and other required documents:

• Email: nk\_him@northkey.org

• Fax: 859-534-2627

• Bring to any office location

# **Other required documentation:**

- ✓ Driver's License or Picture ID
- ✓ Insurance Cards
- ✓ Custody documentation
- ✓ Social Security Card
- ✓ Proof of Income

If you have already scheduled your first appointment, we look forward to meeting with you. If you need to schedule, please reach out to us at (859) 331-3292 and speak with our Access team.

If you feel that you are in Crisis, please call us at our 24 hour Access and Crisis line at (859) 331-3292. We are happy to be of help.

Best wishes from the NorthKey Community Care team.





# **Client Information:**

First Name:					
Middle Name:					
Last Name:					
SSN:	I	Date of Birth:			
Sex at Birth:					
Female		<b>O</b> Male			
Do you identify with a gender of	other than the one y	you were born?			
$\bigcap$ No			g or Don't know		
Yes - Male Yes - Female	Yes - Male		Choose not to disclose		
Yes - Female					
			sex (at birth, had biological		
Yes - Transgender Male (desi	gnated female at		/reproductive organs associated		
birth but identifies as male)			with both male and female sex)		
🖸 Yes - Transgender Female (de	esignated male		○Yes – Nonbinary or Genderqueer (identifies		
at birth but identifies as female)			ses a gender that is neither ale nor female)		
Physical/Living Address:			Apt #:		
City:	County:				
City: Zip	):				
Primary Phone #:	Hor	ne: <b>()</b> Cell: <b>()</b> Ot	her:		
Is it Ok to leave a message?		ne. <u>O</u> een. <u>O</u> ee	. <u></u>		
ONo		OYes			
<u>O</u> 110		<u></u>			
Alternate Phone #:	Hor	ne: Cell: Ot	her:O		
Is it Ok to leave a message?		_			
<u>O</u> No		<u>O</u> Yes			
Email Address:					
Where are you living?					
Alcohol/Drug Treatment	O ICF/MR Sta	nte Facility	O Living in Parent/Guardian		
Facility	O Jail/Prison I	•	Residence		
O Boarding Home	O Jail/Prison I		O Living in Own Residence		
Family Care Home	Mission/She		with Parent/Guardian		
Foster Care	Personal Ca		O Living in Residence of a		
Homeless/Uninhabitable	SNF (Nursi		Family Member Other than		
Dwelling	Staffed Resi		Parent/Guardian		
Motel/Motel	C Living in O		O Living in Residence of		
O ICF/MR Private Facility	<del></del>		Friend/Acquaintance		



Marital Status: O Single/Never Married (Only Marriage was Annulled) O Married O Divorced	<ul><li>Co-habitating</li><li>Widowed</li><li>Separated</li></ul>
Are you now, or have you been homeless in the	he past 12 months?
ONo	Oyes
Military History:  ONO Military Service Active Duty without Deployment OActive Duty with Deployment to Non-Combat Zone OActive Duty with Deployment to Hostile or Combatant Zone  Are you a registered voter? O Child - not applicable O No	<ul> <li>○ Previous Duty without Deployment (Veteran)</li> <li>○ Previous Duty with Deployment to a Non-Combatant Zone (Veteran)</li> <li>○ Previous Duty with Deployment to a Hostile or Combatant Zone (Veteran)</li> <li>○ No – Please reach out to me for help registering to vote</li> </ul>
Yes	No – Please send me a voter registration card in the mail
ONo Impairment OHard of hearing ODeaf/Blind ODeaf	OUnknown
Primary Language Used:  American English  Afro-Asiatic  American Sign Language  North American Indian  Chinese  French  German  Italian  Japanese	Korean Hebrew Arabic Russian Polish Spanish Vietnamese Other
Ability to understand English language:  English is Primary Language  Not at All  Not Well/Poorly	Very Well (Above Average for Age) Well (Average for Age)
Do you identify with any of the following Etl Cuban Mexican Not of Hispanic Origin	hnicities or Hispanic Origins?  Other Hispanic  Puerto Rican



Race – please check any that apply:	
White/Caucasian	Asian (including Japanese Americans)
African American	Native Hawaiian/Pacific Islander
American Indian/Alaskan Native	_
Current School Name:	
Have you attended school or college in the pas	st 3 months?
QNo	Yes, Self-Contained Special Education
ONo because Client's School/College was	Class for Children in Special Education Not
on Break During the Last Three Months	mainstreamed in Regular School Grade
Yes, Client has Attended Public School,	
Private School, Home School, College or	
University	
<b>Highest Level of Education/Last Grade Comp</b>	eleted:
No schooling	Sixth grade completed
Pre-School completed	Seventh grade completed
Kindergarten completed	Eighth grade completed
First grade completed	Ninth grade completed
Second grade completed	Tenth grade completed
Third grade completed	O Eleventh grade completed
Fourth grade completed	High school graduate/GED completed
Fifth grade completed	
1 year of education beyond high school	O 4 years of education beyond 4 year
completed	college degree completed
2 years of education beyond high school	5 years of education beyond 4 year
completed  3 years of education beyond high school	college degree completed 6 years of education beyond 4 year
completed	college degree completed
4 year college degree completed	7 years of education beyond 4 year
1 year of education beyond 4 year college	college degree completed
degree completed	8 years of education beyond 4 year
2 years of education beyond 4 year	college degree completed
college degree completed	More than 8 years of education beyond 4
3 years of education beyond 4 year	year college degree completed
college degree completed	Education level unknown
	Education level not applicable/collected
Mother's Full Maiden Name:  Eather's Full Name:	



Responsible Party:	_	_
Self	OParent (client is minor under 18)	O Guardian
Responsible Party Name: (only	if different than self):	
Responsible Party Address:(only		
Apt #: City:	Count	ry:
State:	Zip: Count	
<b>Emergency Contact:</b>		
	ase of an emergency and leave a m	essage?
	Phone	
#2 Emergency Contact:	Phone	e #:
documentation will have to be f can be dropped off at any North	ly or Guardianship arrangements. axed/emailed to NorthKey's Healt nKey office location.	h Information Department or
Fax # 859	0-534-2627 Email: <u>nk_him@nor</u>	thkey.org
make decisions about th  Guardianship: Guardiansh developmentally disable including grandparents, (DOCUMENTATION I  DCBS/DAIL: The Departn Independent Living has  Power of Attorney – Medic medical/mental health d  REQUIRED)  Sole Custody of Mother: M	c: (no documentation needed) Dad are divorced but share custody e child (DOCUMENTATION REd ip can be for an incapacitated senior ed adults. A guardian can be a varia aunts, uncles, cousins, friends, or a	QUIRED) or, a minor, or for ety of different people an agency es or Department for Aging and EQUIRED) ws the named person to make (DOCUMENTATION NTATION REQUIRED)
	orary custody order is in place (DC	
	ormation:  onumber of the second of the seco	



What is the primary source	of income for the h	ousehold?		
ODisability	OPublic Assis		Wages/Salary/Self	
No Income/Support	Retirement/		Employed	
Other Sources	<b>O</b> 11011101111		Zimproj vu	
Other Sources				
Do you or any of the depend	lants within the hou	isahald racai	ve SSI or SSDI?	
	ients within the not			
No- Receives None		O Yes- SS		
Yes- Both SSI and SSDI			ANF and SSDI	
Yes- SSDI Only		Yes- TA	ANF Only	
<b>Employment Status:</b>				
Child, Preschool, Under A	ge 6	\times Laid Of	ff from Job	
Disabled	.6		g for Work/Available for Work	
Employed Full Time 32 or	· More Hours		Last Four Weeks/Not looking for	
Per Week	Wiore Hours	_	Last Four Weeks/Not looking for	
	T TT	work	CT /T 1	
Employed Part Time 31 or	Less Hours		nt of Institution/Incarcerated	
Per Week		Retired		
OHomemaker		Student		
OIn the Armed Forces				
Dlaga of Employments				
Place of Employment:				
In some Everyoners				
Income Frequency:		O) ( 11		
O Weekly		Monthl Monthl		
OBi-weekly (every other w	eek)		ly (every three months)	
Bi-monthly (twice per mon	nth, example:	Yearly (		
1 <sup>st</sup> & 15 <sup>th</sup> of each month)	_			
		his would inc	clude SSI/SSDI, employment or	
other income received in the	e nousenoiu: 5		<del></del>	
<b>Insurance Information:</b>				
$\Box$ Please check this box if vo	ou have no insurance	A member a	of our billing team will reach out	
to help you.	in nave no insurance	. 11 member (	y our ouring team win reach our	
to netp you.				
Medicaid Number:				
I C				
Insurance Company Phone #:		Grove #:		
Policy #:		Group #: _		
Policy holder info – only need	ded if policy holder is	s not client		
Name:				
DOB:		SSN:		



Additional Comments Regarding Insurance if needed:			
<u>Primary Care Physician</u> Please fill in below physician's name/group, addre	ess if known (or city), phone & fax if known.		
Name of Physician/Group:			
Name of Physician/Group:  Physician's Address:			
Physician's Address:Physician's Phone #:	Fax #:		
I authorize NorthKey Community Care to commune express purpose of improving the quality and coord communication may include initial and quarterly substance use disorder information. This consent we revoked at any time except to the extent that the part 2 prohibits unauthorized disclosure of these recommunications.	dination of my care. I understand that this summaries over the course of my treatment to treatment. I consent to the release of all will remain in force for one year and may be rt 2 program has already acted on it. 42 CFR		
If you do not have a PCP, NorthKey will send you Choosing a primary care physician is an important partner in helping you maintain good health. At No between physical health and behavioral health prov of care.	decision, as your doctor is your advisor and orthKey, we encourage communication		
Advance Directive: A psychiatric advance directive is a legal documen treatment in advance of a mental health crisis.	t that allows you to note your preferences for		
Do you have a Psychiatric Advance Directive?  ○ Child - not applicable  ○ Yes ○ No	○ No – Please reach out to me to share information about Advance Directive		
If you have a psychiatric advance directive, please Department or drop it off at any NorthKey location Fax # 859-534-2627 Email	1.		
<b>Appointment Text/Email Reminder Notification</b>	ns:		
Notification will be sent 1 business day before sche	eduled appointment.		
O Text	Text & Email		
○ Email	Not Interested		



# General Acknowledgement/Consent for Treatment & Billing:

I certify that I have reported all insurance policy/plans to NorthKey Community Care. I agree to notify NorthKey Community Care of any changes in my healthcare insurance coverage and agree to bring any such insurance cards with me to each appointment. I hereby assign and authorize direct payment of my medical benefits to NorthKey Community Care. I authorize the use of electronic signature on file to be used in all insurance claim submissions. I authorize NorthKey Community Care to release all medical and other information to third-party payers, benefit administrators, or other persons as necessary to verify benefits, to authorize medical services to be received, to process claims for benefits, I understand that NorthKey will use grant funds whenever possible. In order to improve the quality of services, data is collected and reported to Substance Abuse and Mental Health Services Administration (SAMHSA). This information is de-identified prior to submission.

I am acknowledging that I am either the person listed on these documents consenting to treatment or the authorized legal guardian, authorizing NorthKey Community Care to give treatment and/or services. I acknowledge that I have reviewed the Notice of Privacy Practices and the Informational section of this document. If I have questions or would like more information I can view and print the below documents from NorthKey Community Care's website or contact a representative at NorthKey Community Care to ask questions.

Privacy Practices – HIPAA Notice Client Rights/IDD Client Rights Confidentiality statement Client Grievance Procedure Sliding Scale Fee

Client Name:			
Client Signature:			
Guardian Name:			
Guardian Signature:			
If signing electronically by PDF Pleas by clicking on the email address:	se sign below and email	document to nk_him@nort	hkey.org
<b>DISCLAIMER:</b> By typing your name below, y signature is the legal equivalent of your manual	<u> </u>	electronically. You agree that your	electronic
Please type your name:			
Client/Guardian electronic signature:			

Do not forget to complete a Release of Information for anyone that you would like NorthKey to share information with.

This could include family, friends, school, attorney, social workers, payee, or other healthcare workers involved in your care? For minor children, complete a release of information for anyone who may bring your child to an appointment in the future.



### **For Informational Purposes:**

## **Confidentiality**

Confidentiality is a critical part of the therapy relationship, which is carefully protected by law. This means that information you share with your therapist cannot be divulged to anyone except other staff of this agency, without your permission. If you do choose to release information, that information cannot be provided to any further party without your permission. There are several specific circumstances under which we must break confidentiality and divulge information because the law requires us to do so. Please visit our website to review our Confidentiality Statement.

# Medication Eligibility

If I receive medication management services, my provider may check to make sure the medication prescribed to me are covered by my insurance company. To obtain this information, NorthKey Community Care may access my insurance coverage information via their electronic health record.

# **Telehealth Services**

NorthKey may offer to provide service through a Telehealth videoconference with a clinician. Telehealth services are delivered through a secure transmission and that NorthKey Community Care will make every effort to ensure that all information about my Telehealth encounter is kept safe and private. If I am uncomfortable with the use of videoconferencing technology, at any time, I may stop the videoconference and request that a traditional, in-person clinical visit be scheduled. I understand that all laws about the privacy and security of my Personal Health Information (PHI) as outlined by HIPAA, apply to Telehealth services as they do to all other applicable services delivered by NorthKey. I understand that I am not under obligation to receive services only by Telehealth, and that I can choose to receive traditional inperson services instead.

#### No Show/Cancellation Review

Your overall health and involvement with services at NorthKey Community Care is very important to us. To maximize benefits of supportive services, attending scheduled appointments is very important.

Please review the following responsibilities for appointment attendance:

✓ When I am not going to attend my scheduled appointment, I will give 24-hour notice of the cancellation.

NorthKey will assume I am no longer interested in continuing services:

- ✓ If I do not call to schedule a 2nd appointment and/or if I do not attend my 2nd appointment.
- ✓ When it has been more than 3 months since my last attended appointment, and I have no future appointments scheduled.

#### Crisis Services

No parental consent is needed for mental health services by a professional to any minor if the risk to the minor's life or health is of such a nature that treatment should be given without delay and the requirement of consent would result in delay or denial of treatment. The minor must be in a crisis and is in urgent (immediate) need of mental health services. This would NOT include ongoing mental health therapy, but rather, a one-time service to treat the immediate mental health crisis. Ongoing mental health services (that are not considered a crisis) would require parental consent. KRS 214.185(4).



# Client Rights & Responsibilities

When you receive services from NorthKey Community Care you have certain rights and responsibilities. One of these rights is that you be informed of your rights upon initiation of services. More information about your rights and responsibilities is available on NorthKey Community Care's website.

#### **Grievance Process**

A grievance can be filed on any potential client rights violation. The grievance process may be started by calling the Chief of Services and Development. The grievance may also be started by the client's request for a Grievance Information form at any NorthKey location. At any point in the process, the person filing the grievance may contact NorthKey Community Care's Ombudsman to help individuals in resolving complaints.

# Notification of follow-up

Representatives of NorthKey Community Care may contact you during treatment and/or following termination from treatment to find your satisfaction with the services received at this organization.

# Language Assistance

I understand that NorthKey will supply language services at no charge to me. I understand that the language services may be provided to me by a contracted interpreter.

# TB Skin Tests

Tuberculosis (TB) is on the rise in the United States. As part of your treatment with this agency we encourage you to obtain a TB Skin Test. Early detection of TB can be very beneficial, and treatment is very successful. TB skin tests are given daily at the local Health Department.

# IV Drug Use

Individuals who have ever used IV drugs are at high risk for infection with HIV, Hepatitis, and TB. We encourage you to get tested for HIV, TB, and Hepatitis. Anonymous testing and HIV counseling is available at a small charge at your local Health Department. Staff at NorthKey can help you in accessing these services.

# Pregnant females & prenatal care

It is very important for pregnant females to have regular visits with their physicians for their own personal health care and for prenatal care for their unborn child. Avoiding use of tobacco, alcohol, and other drugs that will harm the unborn child are also very important. NorthKey can help you in accessing these services.

## NorthKey's Client Health Portal:

If you entered your email address on page one you will be signed up for NorthKey's Client Portal. You will receive an access key via email that will expire in 5 days. Please take advantage of this valuable healthcare resource.

If you do not receive your registration key within 2 business days of submission of this document, the key has expired, or you are unable to sign into your account please contact us at 859-331-3292.

# Your Information. Your Rights. Our Responsibilities.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. **Please review it carefully.** 

#### YOU HAVE THE RIGHT TO:

- Receive a copy of your paper or electronic medical record
- Correct your paper or electronic medical record
- Request confidential communication
- Ask us to limit the information we share
- Receive a list of those with whom we've shared your information
- Receive a copy of this privacy notice
- Choose someone to act for you
- File a complaint if you believe your privacy rights have been violated

# YOU HAVE SOME CHOICES IN THE WAY THAT WE USE AND SHARE INFORMATION AS WE:

- Tell family and friends about your condition
   Provide disaster relief
  - Provide mental health care
  - Provide substance use services
  - Raise funds (only with your written permission)
- > See page 3 for more info on these choices & how to exercise them

> See page3 & 4 for more

info on these uses &

disclosures

See page 2 for more

info on these rights and

how to exercise them

# Choices

Your

Rights

#### WE MAY USE AND SHARE YOUR INFORMATION AS WE:

- Treat you
- Run our organization
- Bill for your services
- Help with public health and safety issues
- Do research
- Comply with the law
- Respond to organ and tissue donation requests
- Work with a medical examiner or funeral director
- Respond to lawsuits and legal actions
- Address workers' compensation, law enforcement, & other government requests

Our Uses and Disclosur

> Your Rights

When it comes to your health information, you have certain rights.

This section explains your rights and some of our responsibilities to help you.

Receive an electronic or paper copy of your medical record

- You can ask to see or receive an electronic or paper copy of your medical record and other health information we have about you. Ask us how to do this.
- We will provide a copy or a summary of your health information, <u>usually within 30 days of your request.</u>
  We may charge a reasonable, cost-based fee.

#### Ask us to correct your medical record

- You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this.
- We may say "no" to your request, but we will tell you why in writing within 60 days.

#### **Request confidential communications**

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a
  different address.
- We will say "yes" to all reasonable requests.

#### Ask us to limit what we use or share

- You can ask us **not** to use or share certain health information for treatment, payment, or our operations. We are not required to agree to your request, and we may say "no" if it would affect your care.
- If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer. We will say "yes" unless a law requires us to share that information.

#### Get a list of those with whom we've shared information

- You can ask for a list (accounting) of the times we have shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We will provide one accounting a year for free but will charge a reasonable, cost-based fee if asked for another one within 12 months.

#### Get a copy of this privacy notice

• You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.

#### Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information. (Must provide legal documentation of proof).
- We will make sure the person has this authority and can act for you before we take any action.

#### File a complaint if you feel your rights are violated

- You can complain if you feel we have violated your rights by contacting us using the info on page 1.
- You can file a complaint with the U.S. Department of Health and Human Services by sending a letter to 200 Independence Avenue, S.W., Room 509F HHH Bldg. Washington, D.C. 20201, or visiting www.hhs.gov/ocr/privacy/hipaa/complaints/.
- We will not retaliate against you for filing a complaint.

Your Choices For certain health information, you can tell us your choices about what we share. If

you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

#### In these cases, you have both the right and choice to tell us to:

- Share information with your family, close friends, or others involved in your care
- Share information in a disaster relief situation
- Appointment Reminders: Unless you provide us with alternative instructions, we may send appointment reminders and other similar materials to your home.

If you are not able to tell us your preference, **for example** if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.

#### In these cases we never share your information unless you give us written permission:

- Marketing purposes
- Sale of your information
- Most sharing of psychotherapy notes

## In the case of fundraising:

We may contact you for fundraising efforts, but you can tell us not to contact you again.

# Our Uses &

# How do we typically use or share your health information?

We typically use or share your health information in the following ways.

#### **Treat you**

We can use your health information and share it with other professionals who are treating you (with exception to Substance Abuse and HIV clients where permission is required).

**Example:** A doctor treating you for an injury asks another doctor about your overall health condition.

#### Run our organization

We can use and share your health information to run our practice, improve your care, and contact you when necessary.

**Example:** We use health information about you to manage your treatment and services.

#### Bill for your services

We can use and share your health information to bill and get payment from health plans or other entities. **Example:** We give information about you to your health insurance plan so it will pay for your services.

# How else can we use or share your health information?

We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We must meet many conditions in the law before we can share your information for these purposes. *For more information see:* https://www.hhs.gov/hipaa/for-individuals/index.html

#### Help with public health and safety issues

We can share health information about you for certain situations such as:

- Preventing disease
- Helping with product recalls
- Reporting adverse reactions to medications
- Reporting suspected abuse, neglect, or domestic violence
- Preventing or reducing a serious threat to anyone's health or safety

#### Do research

We can use or share your information for health research.

#### Comply with the law

We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.

#### Respond to organ and tissue donation requests

We can share health information about you with organ procurement organizations.

## Work with a medical examiner or funeral director

We can share health information with a coroner, medical examiner, or funeral director when an individual dies

# Address workers' compensation, law enforcement, and other government requests

We can use or share health information about you:

- For workers' compensation claims
- For law enforcement purposes or with a law enforcement official
- With health oversight agencies for activities authorized by law
- For special government functions such as military, national security, and presidential protective services

#### Respond to lawsuits and legal actions

We can share health information about you in response to a court or administrative order, or in response to a subpoena.

# **Our Responsibilities**

- · We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.

For more information see: https://www.hhs.gov/hipaa/for-individuals/index.html

# **Changes to the Terms of this Notice**

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office, and on our web site.

# **Other Instructions for Notice**

- Effective Date of this Notice: 09/23/2013, Revised on 1/16/2023
- Privacy Officer: Valerie Simons, RHIA

503 Farrell Drive, Covington, KY 41011 (valerie.simons@northkey.org) / 859-578-3200

Security Officer: Jim Brun -

502 Farrell Drive, Covington, KY 41011 (Jim.Brun@northkey.org) / 859-578-3200

- <u>Per the Federal Regulation 42 CFR, Part 2,</u> "We will never share any substance abuse treatment records without your written permission" with exception to what is allowed by regulations, see below.
- <u>Uses and Disclosures of PHI from Alcohol and Other Drug Records Not Requiring Consent or Authorization:</u> The
  law provides that we may use/disclose your PHI from alcohol and other drug records without consent or authorization in the following
  circumstances:
  - When required by law: We may disclose PHI when a law requires that we report information about suspected child abuse and neglect, or when a crime has been committed on the program premises or against program personnel, or in response to a court order.
  - Relating to decedents: We may disclose PHI relating to an individual's death if state or federal law requires the information for collection of vital statistics or inquiry into cause of death.
- For audit or evaluation purposes: In certain circumstances, we may disclose PHI for audit or evaluation purposes.
- Health Information Exchange: In order to support the best possible care among all your providers, there will be
  times when some basic information will be sent from one provider to another through a secure electronic
  communication. The information sent or received will include only essential components of your diagnosis and
  treatment. This information exchange is intended to assure that your care is consistent, and your providers are
  well informed in all settings. This secure electronic exchange does not require your consent, but we can exempt
  you from the exchange at your request. If you have concerns about secure electronic information exchange, you
  can speak to your provider.